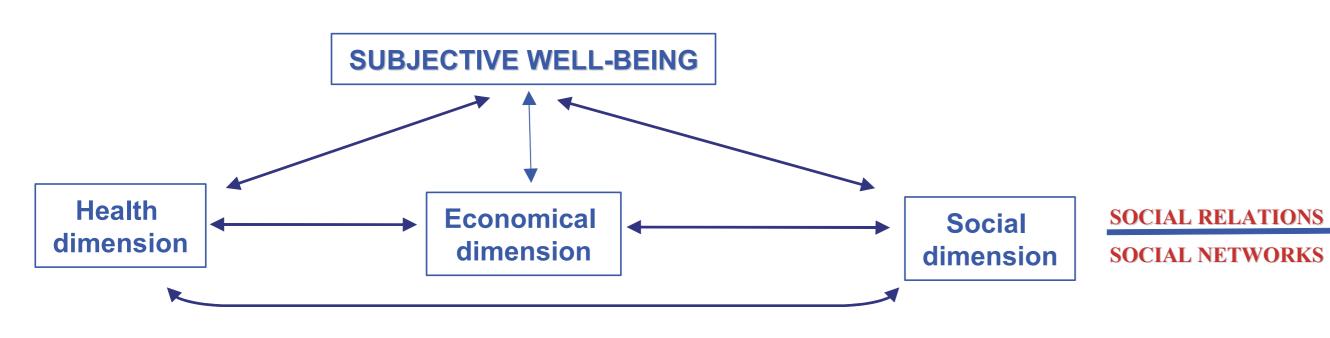
# RELATIONSHIP OF PERSONAL SOCIAL SUPPORT NETWORK AND SUBJECTIVE WELL-BEING AMONG NON-DISABLED AND DISABLED PEOPLE

Laura Szabó -- THE GALLUP ORGANIZATION HUNGARY

#### **DIMENSIONS OF SUBJECTIVE WELL-BEING (SWB)**

#### THE FUNCTIONS OF SOCIAL NETWORKS



Diener, E. et al. (1997); O'Connor, R. (1993); Veenhoven, R. (2001).

## - SOCIAL SUPPORT (companionship, material, emotional, information)

- SENSE-MAKING
- SOCIAL CONTROL
- ACCESS TO RESOURCES
- BEHAVIORAL MODELS

Borgatti, S.P. (1998)

## MEASURING THE SUBJECTIVE WELL-BEING

#### **LIFE SATISFACTION:**

- 1. General life satisfaction (1 item)
- 2. Satisfaction with life scale (5 items)

#### **HAPPINESS:**

- 1. General happiness (1 item)
- 2. Percent of time happy on average day (3 items)

Canril, H. (1965); Diener, E. et al. (1985); Fordyce, M.W. (1978);

## MEASURING THE SOCIAL SUPPORT PERSONAL NETWORK

### THE NAME GENERATORS

Companionship
Financial support
Minor material support
Major material support
Emotional support
Information
Other kind of support

Kogovsek, T. et al. (2001).

## THE NAME INTERPRETERS

#### Alters':

sex
age
education
disability

#### Relationships':

type
frequency
negative content
closeness
accessibility
reciprocity

#### SAMPLING AND RESEARCH DESIGN

**Experimental design studies in two independent, small-sized samples:** 

#### Non-disabled sample

- •203 persons
- •two-step sampling design in one district of Budapest
- •18-65 years old "normal" residents
- face to face (SWB + social network questionnaire)
- fieldwork: 2002 Dec. 2003 March
- •the sample over represents the women (57%), the 18-35 years old citizens (40%), those with high school (46%) and with university degree (32%)
- the rate of active citizens is 68%
- married or coupled are 50%

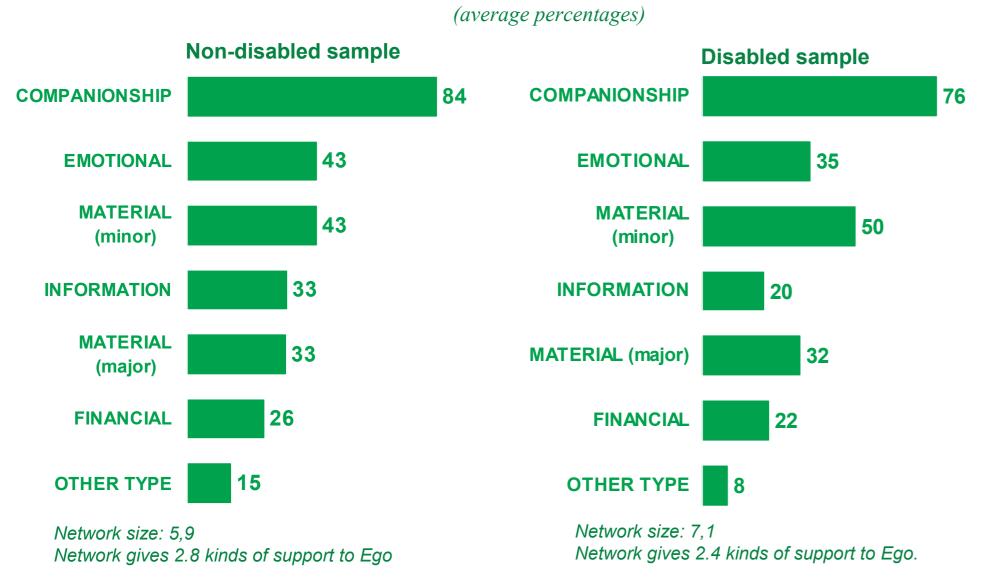
#### Disabled sample

- 143 persons
- •sample: who are taking part in medical rehabilitation & were ready to participate
- 18-65 years old disabled residents, whose disability was suffered in adulthood because of spinal cord injury or amputation
- interviews in two waves:
- 1) face to face: quality of life quest.
- 2) CATI: social network quest.+ general life satisfaction question
- fieldwork: 2002 Sept. 2003 April
- •the sample over represents the man (74%), the 36-55 years old citizens (56%), those with primary education (59%)
- the rate of active citizens is 12%(55% worker previous to disability)

Ego gives 3.1 kinds of support to their network.

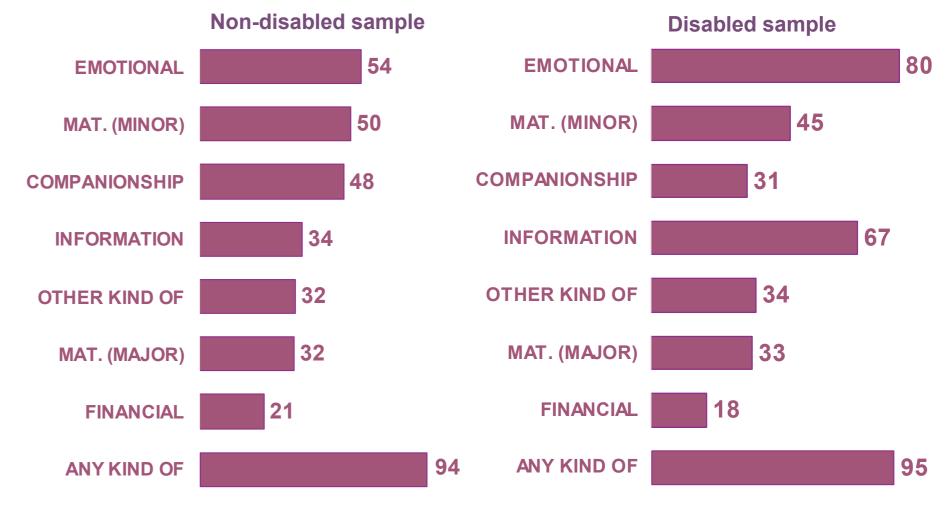
married or coupled are 65%

#### FROM HOW MANY % OF THE NETWORK EGO RECEIVES SUPPORT



#### TO HOW MANY % OF THE NETWORK EGO GIVES SUPPORT

(average percentages)



# LOGISTIC REGRESSION ANALYSIS DEPENDENT: "RECEIVING" VARIABLES

	- 2Log LR	<ul><li>2Log LR. sign.</li></ul>	Effect	Sign.
Non-disabled sample				
Ego receives companionship (nr)	4,868	0,03	+	0,03
Ego receives minor material support (nr)	4,302	0,04	+	0,05
Ego receives major material support (nr)	5,060	0,03	+	0,04
Ego receives companionship (%)	7,879	0,01	+	0,01
Disabled sample				
Ego receives companionship (%)	4,605	0,03	-	0,04
-controlled for demographic variables				

#### SUMMARIZE:

- SIMILARITIES: There exist social support network variables which are in association with SWB in both samples.
- **DIFFERENCES:** In non-disabled sample *receiving* support from the network, but in disabled sample *giving* support to network is related to SWB.
- **HYPOTHESIS**: Maybe the disabled people live through their giving capacity as compensation against their inabilities. They must be helped by their environment all the time to be able to live their disabled life. But if they can give any kind of help to those helping them, they could feel they are not redundant.

# LOGISTIC REGRESSION ANALYSIS DEPENDENT: SWB / INDEPENDENT: "GIVING" VARIABLES

	- 2Log LR	- 2Log LR. sign.	Effect	Sign.
Non-disabled sample				
Ego gives any kind of support (%)	5,102	0,02	+	0,05
Disabled sample				
Ego gives any kind of support (%)	10,543	0,01	+	0,01
Ego gives companionship (%)	7,621	0,01	+	0,01
Ego gives information (%)	5,783	0,02	+	0,02
Ego gives other type of support (%)	8,562	0,01	+	0,01
How many types of support Ego gives	9,720	0,01	+	0,01

- controlled for demographic variables and for IADL-index

Ego gives 2.7 kinds of support to their network.